



YOU ASKED FOR IT

Part 1– How To Change

(Romans 7:15 NLT) I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate.

- ✓ It becomes part of your \_\_\_\_\_.
- ✓ You feel increasingly \_\_\_\_\_.
- ✓ You become \_\_\_\_\_.
- ✓ You become a \_\_\_\_\_.
- ✓ You begin to \_\_\_\_\_ your life.

How to Change

(Romans 6:12-14 NLT) Do not let sin control the way you live; do not give in to sinful desires. Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God... Sin is no longer your master... Instead, you live under the freedom of God's grace.

1. Get rid of the \_\_\_\_\_.

(Luke 14:18-20) But they all alike began to make excuses. The first said, 'I have just bought a field, and I must go and see it. Please excuse me.' Another said, 'I have just bought five yoke of oxen, and I'm on my way to try them out. Please excuse me.' Still another said, 'I just got married, so I can't come.'

2. Make a \_\_\_\_\_.

(2 Corinthians 6:14-17) Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? What harmony is there between Christ and Belial? What does a believer have in common with an unbeliever? What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said, 'I will live with them and walk among them, and I will be their God, and they will be my people.' Therefore come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you.'

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(1 Corinthians 15:33-34) Do not be misled: 'Bad company corrupts good character.' Come back to your senses as you ought, and stop sinning...

3. Fill the \_\_\_\_\_.

- ✓ Give your life to \_\_\_\_\_.

(Ephesians 5:18) Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

- ✓ Get in a \_\_\_\_\_.

(Ecclesiastes 4:8-12) There was a man all alone; he had neither son nor brother. There was no end to his toil... Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

- ✓ Find your \_\_\_\_\_.

(Acts 20:24 NLT) But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God.

- ✓ Live your life for the \_\_\_\_\_.

(1 Peter 4:10) Each one should use whatever gift he's received to serve others.

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## YOU ASKED FOR IT

### Part 1– How To Change

(Romans 7:15 NLT) I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate.

- ✓ It becomes part of your identity.
- ✓ You feel increasingly hopeless.
- ✓ You become defensive.
- ✓ You become a slave.
- ✓ You begin to lose your life.

## How to Change

(Romans 6:12-14 NLT) Do not let sin control the way you live; do not give in to sinful desires. Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God... Sin is no longer your master... Instead, you live under the freedom of God's grace.

### 1. Get rid of the excuses.

(Luke 14:18-20) But they all alike began to make excuses. The first said, 'I have just bought a field, and I must go and see it. Please excuse me.' Another said, 'I have just bought five yoke of oxen, and I'm on my way to try them out. Please excuse me.' Still another said, 'I just got married, so I can't come.'

### 2. Make a break.

(2 Corinthians 6:14-17) Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? What harmony is there between Christ and Belial? What does a believer have in common with an unbeliever? What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said, 'I will live with them and walk among them, and I will be their God, and they will be my people.' Therefore come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you.'

(1 Corinthians 15:33-34) Do not be misled: 'Bad company corrupts good character.' Come back to your senses as you ought, and stop sinning...

### 3. Fill the void.

- ✓ Give your life to Jesus.

(Ephesians 5:18) Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

- ✓ Get in a small group.

(Ecclesiastes 4:8-12) There was a man all alone; he had neither son nor brother. There was no end to his toil... Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

- ✓ Find your purpose in life.

(Acts 20:24 NLT) But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God.

- ✓ Live your life for the good of others.

(1 Peter 4:10) Each one should use whatever gift he's received to serve others.